



Children love cooking activities. They also love pizza! If you incorporate a pictograph into the process, children can learn to follow directions and develop their literacy skills by associating letters and symbols with real world things.

### Supplies



The amounts for the following items will depend on the number of children you are serving.

- ★ ½ English muffin per child.
- ★ Spaghetti sauce
- ★ Pepperoni
- ★ Shredded cheese (and other toppings on the list generated by the children)
- ★ Containers to hold different ingredients
- ★ Plastic knives and spoons
- ★ A pictograph – simple directions and pictures drawn on paper or cardboard for children to “read.”



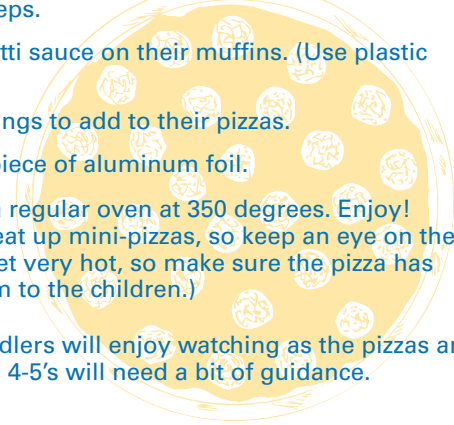
# Mini-Pizzas

**Skills Learned:** Language / Literacy Skills, Fine Motor Skills, Sequencing Skills, Following Directions

## Directions

- 1 Ask the children what is needed when making pizzas. (Write their suggestions on large chart paper.)
- 2 Ask them what they would do first. What comes next?
- 3 Have the children wash their hands before handling food.
- 4 Spread out the pizza toppings in separate containers.
- 5 Cut apart the English muffins giving half to each child. (You can substitute the muffin with tortillas or pita bread.) Refer to your pictograph as you do the next steps.
- 6 Have the children spread spaghetti sauce on their muffins. (Use plastic spoons or knives.)
- 7 Allow the children to select toppings to add to their pizzas.
- 8 Lay each pizza on an individual piece of aluminum foil.
- 9 Heat pizzas in a toaster oven or a regular oven at 350 degrees. Enjoy! (It only takes a few minutes to heat up mini-pizzas, so keep an eye on them. Remember too, that sauce can get very hot, so make sure the pizza has cooled down before serving them to the children.)

**Tips For Mixed Ages:** Infants and toddlers will enjoy watching as the pizzas are made. 3's will need help from adults. 4-5's will need a bit of guidance. All ages will enjoy eating them!



Major funding provided by



A production of KCET/Los Angeles in association with Sesame Workshop.  
A production of KCET/Los Angeles in association with 44 Blue Productions, Inc.

© 2007 Community Television of Southern California. All rights reserved.

[www.aplaceofourown.org](http://www.aplaceofourown.org)

